### REGULATED DRUGS RULE VERMONT HEALTH REGULATIONS

#### **Regulated Drugs**

Pursuant to the provisions of 18 VSA 4201-4202 (as amended) the Vermont Board of Health hereby designates regulated drugs for purposes of Chapter 84, Title 18 Vermont Statutes

Annotated as follows:

### I. Depressant and stimulant drugs

- (a) A stimulant drug is any drug which contains any quantity of a substance, its salt, optical isomers and salts of its optical isomers designated below as habit forming because of its effect on the central nervous system or as having a serious potential for abuse arising out of its effect on the central nervous system:
  - 1. Amphetamine
  - 2. Benzphetamine
  - 3. Chlorphentermine
  - 4. Clortermine
  - 5. Diethylpropion
  - 6. Mazindol
  - 7. Methamphetamine
  - 8. Methylphenidate
  - 9. Pemoline (including organometallic complexes and chelates thereof)
  - 10. Phendimetrazine
  - 11. Phenmetrazine
  - 12. Phentermine
  - 13. Methcathinone
- (b) A depressant drug is any drug which contains any substance, optical isomer and salts of its optical isomers designated below as habit forming because of its effect on

the central nervous system or as having a serious potential for abuse arising out of its effect on the central nervous system:

1. Alprazolam	16. Lysergic acid amide
2. Barbituric acid and its derivates	17. Mebutamate
3. Chloral beteine	18. Mecloqualone
4. Chloral Hydrate	19. Meprobamate
5. Clordiazepoxide	20. Methaqualone
6. Chlorexadol	21. Methyprylon
7. Clonazepam	22. Oxazepam
8. Clorazepate	23. Paraldehyde
9. Diazepam	24. Petrichloral
10. Ethchlorvynol	25. Phencyclidine
11. Ethinamate	26. Sulfondiethylmethane
12. Fenfluramine	27. Sulfonethylmethane
13. Flurazepam	28. Sulfonmethane
14. Glutethimide	29. Lorazepam
14A. Ketamine	30. Temazepam
15. Lysergic acid	31. Triazolam

# II. Narcotic, Narcotics and Narcotic Drugs

16A. Buprenorphine

17. Clonitazene

Narcotic, narcotics, or narcotic drugs mean any substance hereafter designated, its salts, isomers, and salts of isomers, whenever the existence of such salts, isomers and salts of isomers are possible within the specific chemical designation:

1	
1. Acetorphine	18. Coca leaves and any salt, Compound derivative, or
2. Acetyldihydrocodeine	preparation of coca leaves, and any salt compound derivative
3. Acetylmethadol	or preparation thereof which is Chemically equivalent or
4. Allylprodine	identical regardless of optical Isomers with any of these
5. Alphacetylmethadol	substances, except that the Substances shall not include
6. Alphameprodine	Decocainized coca leaves or Extraction of coca leaves,
7. Alphamethadol	which extractions do not Contain cocaine or ecognine.
8. Alphaprodine	19. Codeine
9. Anileridine	20. Codeine methylbromide
10. Benzethidine	21. Codeine-N-Oxide
11. Benzylmorphine	22. Cyprenorphine
12. Betacetylmethadol	23. Desomorphine
13. Betameprodine	24. Dextromoramide
14. Betamethadol	25. Dextrorphan
15. Betaprodine	26. Diampromide
16. Bezitramide	27. Diethylthiambutene

28. Difenoxin

29. Dihydrocodeine

30. Dihydromorphine	54. Levophenacylmorphan
31. Dimenoxadol	55. Levorphanol
32. Dimepheptanol	56. Metazocine
33. Dimethylthiambutene	57. Methadone
34. Dioxaphetyl butyrate	58. Methadone-Intermediate 4-cyano-
35. Diphenoxylate	2-dimethylamino-4, 4-dipehnyl butane
36. Dipipanone	59. Methyldesorphine
37. Drotebanol	60. Methyldihydromorphine
38. Ethylmethylthiambutene	61. Metopon
39. Ethylmorphine	62. Moramide-Intermediate, 2-methyl-3-morpholino-1,
40. Etonitazene	1-diphenylpropane-carboxylic acid
41. Etorphine	63. Morpheridine
42. Etoxeridine	64. Morphine
43. Fentanyl	65. Morphine methylbromide
44. Furethidine	66. Morphine methylsulfonate
45. Heroin	67. Morphine-N-Oxide
46. Hydrocodone	68. Myrophine
47. Hydromorphinol	69. Nicocodeine
48. Hydromorphone	70. Nicomorphine
49. Hydroxypethidine	71. Noracymethadol
50. Isomethadone	72. Norlevorphanol
51. Ketobemidone	73. Normethadone
52. Levomethorphan	74. Normorphine
53. Levomoramide	75. Norpipanone

- 76. Opium poppy and poppy straw
- 77. Raw opium
- 78. Opium extracts
- 79. Oxycodone
- 80. Oxymorphone
- 81. Pentazocine (Hcl and ASA)
- 82. Pethidine
- 83. Pethidine-Intermediate-A, 4-cyano-1-methyl-4phenylpiperdine
- 84. Pethidine-Intermediate-B,ethyl-4-phenylpiperidine-4carboxylate
- 85. Pethidine-Intermediate-C,1-methyl-4-phenylpiperidine-4carboxylic acid
- 86. Phenadoxone
- 87. Phenampromide
- 88. Phenazocine
- 89. Phenomorphan
- 90. Phenoperidine
- 91. Pholcodine
- 92. Piminodine
- 93. Piritramide
- 94. Proheptazine
- 95. Properidine
- 96. Propiram
- 97. Propoxyphene

- 98. Racemethorphan
- 99. Racemoramide
- 100. Racemorphan
- 101. Thebacon
- 102. Thebaine
- 103. Trimeperidine

Any compound specified in 18 VSA 4215a(b) shall be excluded for purposes of this regulation.

## **III. Hallucinogenic Drugs**

A hallucinogenic drug is any drug which contains any quantity of substance designated below as being habit forming or as having a serious potential for abuse arising out of its effect on the central nervous system or as having a hallucinogenic effect, or its salts, isomers, or salts of isomers, whenever the existence of such salts, isomers, or salts of isomers is possible within the specific chemical designation:

- 1. 3,4-methylenedioxy amphetamine
- 2. 5-methoxy-3, 4-methylenedioxy amphetamine
- 3. 3,4,5-trimethoxy amphetamine
- 4. Bufotenine

Some trade and other names: 3-(b-dimethylaminoethyl) 5-hydroxyindole; 3-(2-dimethylamineothyl) -5-indolol; N, N-dimethylserotonin; 5-hydroxy-N-dimethyltryptamine; mappine.

- Diethyltryptamine
   Some trade and other names:
   N, N-Diethyltryptamine; DET.
- 6. Dimethyltryptamine
  Some trade or other names:
  DMT.

- 7. 4-methyl-2, 5-dimethoxyamphetamine Some trade and other names: 4-methyl-2, 5-dimethoxy-a-methylphenethylamine; "DOM"; and "STP."
- 8. Ibogaine
  Some trade and other
  names:
  7-Ethyl-6, 6a,7,8,9,10,12,
  3-octahydro-2-methoxy-6,
  9-methano-5H-pyrido
  (1', 2': 1,2 azepine 4, 5-b)
  indole; tab ernanthe iboga.
- 9. Lysergic acid diethylamide
- 10. Mescaline
- 11. N-ethyl-3 piperidyl benzilate

- 12. N-methyl-3-piperidyl bezilate
- 13. Peyote
- 14. Psilocybin
- 15. Psilocyn
- 16. Stramonium
- 17. Tetrahydrocannabinols
  (Since nomenclature of these substances is not internationally standardized, compounds of these structures, regardless of numeric designation of atomic position are covered).
- 18. 2,5-dimethoxyamphetamine Some trade or other names: 2,5dimethoxy-a-methylphenethylamin 2,5 DMA.
- 19. 4-bromo-2, 5-dimethoxyamphetamine
- 20. 4-methoxyamphetamineSome trade or other names:4-methoxy-a-methylphenethylamineparamethoxyamphetamine: PMA.
- 21. Thiophene Analog of Phencyclidine Some trade or other names: 1-[1-(2-thlenyl) cyclohexyl] piperidine; 2-Thyneyl Analog of Phencyclidine; TPCP.
- **IV. Paregoric** (camphorated opium tincture) is specifically exempted from this regulation.
- V. Exempt Substances. The following substances when labeled and in the form and quantity listed in the following section of 21 Code of Federal Regulations,

  Chapter II, Part 1308, dated April 1, 1976 and the Federal Register are hereby exempted from this regulation:

21 CFR 1308.22

21 CFR 1308.24(i)

21 CFR 1308.32(b)

- 41 FR 14190 & 14189
- 41 FR 16552 16553
- 41 FR 21346
- 41 FR 28515 28516
- 41 FR 14189 14190
- 41 FR 16552 16553
- 41 FR 28515 28516
- VI. Severability. If any part of this regulation, or the application thereof to any person, persons or circumstances, shall be held invalid, the remainder of this regulation and application to a person, persons or circumstances other than those as to which it is held invalid, shall not be affected thereby.
- **VII. Repealer.** Section 3 of existing Health Regulations, Part III, Chapter 1, are herebyrepealed.

### VIII. Dosages and Doses

#### (a) Preface

Benchmark Unlawful Dosage Recommended Individual

Therapeutic Dosage for selected stimulants, depressants, and narcotic drugs. The Board of Health has done so, but wishes to formally preface this submission with an explanation of these dosages. The Benchmark Unlawful Dosage Recommended

Individual Therapeutic Dosage is not a medical or pharmacologic concept with any implication for medical practice. Instead, it is a legal concept established only for this statute.

In clinical practice, there is no one recommended dose and no predetermined maximum dose for most drugs. Most drugs have more than one legitimate use, and doses vary accordingly. The Board of Health does not intend to guide or restrict medical practice in any way. These doses do not represent a standard of practice.

With these principles in mind, the Board of Health defines the 
Benchmark Unlawful Dosage Recommended Individual

Therapeutic Dosage as the quantity of drug commonly consumed over a twenty-four hour period for any therapeutic purpose, as established by the manufacturer of the drug.

# (b) Benchmark Unlawful Dosage Recommended Individual Therapeutic Dosage

The following "benchmark unlawful dosages" are established for the drugs named:

Drug	Dosage
1. Hydrocodone	45mg
2. Codeine	360mg
3. Hydromorphone	24mg
4. Alprazolam	4mg
5. Methylphenidate	60mg
6. Methadone	80mg
7. Phenobarbital	260mg
8. Chlordiazepoxide	100mg
9. Butalbital	300mg
10. Phentermine	37.5mg
11. Flurazepam	30mg
12. Pentobarbital	80mg

13. Oxycodone	20mg	
14. Propoxyphene	390mg	
15. Morphine	180mg	
16. Chlorazepate	90mg	
17. Secobarbital	100mg	
18. Amylbarbital	100mg	
19. Phenmetrazine	75mg	
20. Lorazepam	10mg	
21. Meperidine (Pethidine)	600mg	
22. Pentazocine	100mg	
23. Dihydrocodeinone	20mg	
24. Temazepam	30mg	
25. Triazolam	0.5mg	
26. Opium extracts	240mg	
27. Tincture of opium	120mg	
28. Methamphetamine	25mg	
29. Phencyclidine	10mg	
30. Amphetamine	30mg	
31. Methaqualone (Qualludes)	) 500mg	
32. Methaqualone Hydrochloride		
(Parest)	500mg	
33. Diazepam (Valium)	40mg	
34. Diethypropione (Tenuate,		
Tepanil)	75mg	